ENERGY SAVING TIP OF THE MONTH

May 20, 2014:	Decorate for a cooler home by hanging light-colored curtains that allow light to
	enter a room while blocking some of the sun's rays, and light-colored paint to
	reflect heat.
April 7, 2014:	Roofing – reduce the strain on your air conditioner by applying reflective coating.
	This will help you save by decreasing the amount of heat coming into your home.
March 24, 2014:	Block the sun from overheating your home. Inside, use shades, blinds and drapes.
	Outside, use awnings, trees and shrubs.
March 3, 2014:	Caulk and weather-strip doors and windows that leak air.
February 5, 2014:	Eliminate "hot spots" in your home by using high-performance windows, solar window screens and qualified window films.
January 6, 2014:	Shorten Showers. Simply reducing that lingering time by a few minutes can save
	hundreds of gallons of hot water per month for a family of four. Showers account
	for 2/3 of your water heating costs.
December 2, 2013:	Buy LED lights – LED Christmas lights use up to 90 percent less electricity than
	incandescent.
November 18, 2013:	Many side dishes can be cooked in a microwave instead of the oven. Microwaves
	use just a fraction of the electricity that ovens do. A slow cooker can help ease the
	oven's burden as well.
November 4, 2013:	Drive sensibly; aggressive driving such as speeding, and rapid acceleration and
	braking, wastes fuel.
October 21, 2013:	You can save as much as 10% a year on heating and cooling by simply turning your
Ostober 7, 2012	thermostat back 7°-10° for 8 hours a day from where you would normally set.
October 7, 2013:	Using the power management settings on computers and monitors can cause significant savings.
Sentember 30 2013:	Using an ENERGY STAR – labeled computer can save 30%-65% energy than
September 30, 2013.	computers without this designation, depending on usage.
September 16, 2013:	Consider air-drying clothes on clothes lines or drying racks. Air drying is
	recommended by clothing manufacturers for some fabrics.
September 9, 2013:	Install awnings on south- and west- facing windows.
September 3, 2013:	Use higher R-value insulation, such as spray foam, on exterior walls and in
•	cathedral ceilings to get more insulation with less thickness.
August 19, 2013:	Apply sun-control or other reflective films on south-facing windows to reduce
	solar heat gain.
August 12, 2013:	Insulate your electric hot-water storage tank but be careful not to cover the
	thermostat.
July 22, 2013:	Replace door bottoms and thresholds with ones that have pliable sealing gaskets.
July 15, 2013:	Choose high-performance windows that have at least two panes of glass and a
	low-e coating.
July 8, 2013:	Putting your laptop AC adapter on a power strip that can be turned off can
	maximize savings.
July 1, 2013:	Clean the lint screen in the dryer after every load to improve air circulation and
	prevent fire hazards.
June 24, 2013:	Install white window shades, drapes, or blinds to reflect heat away from the
	house and close curtains on south and west facing windows during the day.

June 17, 2013:	Landscaping is a natural and beautiful way to keep your home cool in the summer.
	A well-placed tree, shrub or vine can deliver shade and reduce your energy bills.
June 10, 2013:	Consider using an interior fan along with your window air conditioner to spread
	the cooled air through your home without greatly increasing your power use.
June 3, 2013:	Check your ducts for air leaks. If you use tape to seal your ducts use mastick, butyl
	tape, foil tape, or other heat-approved tapes.
May 20, 2013:	Check your dryer vent to be sure it is not blocked. This will save energy and may
	prevent a fire.
May 13, 2013:	Install a programmable thermostat to lower utility bills and manage your heating and cooling systems efficiently.
May 6, 2013:	Regularly defrost manual-defrost freezers and refrigerators; frost buildup
	decreases the energy efficiency of the unit.
April 29, 2013:	Because outdoor lights are usually left on a long time, using CFLs or LEDs in these
	fixtures will save a lot of energy.
April 22, 2013:	Consider purchasing ENERGY STAR-qualified fixtures. They are available in many
	styles and distribute light more efficiently and evenly than standard fixtures.
April 15, 2013:	If you have an unshaded, south-facing location (such as a roof) on your property,
	consider installing a solar water heater.
April 8, 2013:	Unplug appliances, or use a power strip and use the switch on the power strip to
	cut all power to the appliance, to avoid "vampire" loads.
April 1, 2013:	Use small electric pans, toaster ovens, or convection ovens for small meals rather
	than your large stove or oven.
March 25, 2013:	Keep your curtains or shades open to use daylight instead of turning on lights.
March 18, 2013:	Install exterior or interior storm windows, which can reduce heat loss through the
	windows by 25-50%.
March 11, 2013:	Avoid placing appliances that give off heat such as lamps or TVs near a
	thermostat.
March 4, 2013:	Controls such as timers and photocells save electricity by turning lights off when
	not in use. Dimmers save electricity when used to lower light levels.
February 25, 2013:	Drain a quart of water from your water tank every 3 months to remove sediment
	that impedes heat transfer and lowers the efficiency of your heater.
February 18, 2013:	Install heat traps on the hot and cold pipes at the water heater to prevent heat
	loss. Most new water heaters have built-in heat traps.
February 11, 2013:	Clean warm-air registers, baseboard heaters, and radiators as needed; make sure
	they're not blocked by furniture, carpeting, or drapes.
February 4, 2013:	Periodically, use the long nozzle tip on your vacuum cleaner to remove the lint
	that collects below the lint screen slot of your clothes dryer.
January 28, 2013:	Use a covered kettle or pan to boil water; it's faster and uses less energy.
January 14, 2013:	Keep range-top burners and reflectors clean; they will reflect the heat better and you will save energy.
January 7, 2013:	Don't keep your refrigerator or freezer too cold. Recommended temperatures are
Junuary 7, 2013.	37° to 40°F for the fresh food compartment and 5°F for the freezer section.
December 31, 2012:	Scrape, don't rinse, off large food pieces and bones. Soaking or pre-washing is
	generally only recommended in cases of burned or dried on food.
December 24. 2012:	When remodeling, look for recessed light fixtures or "cans" which are rated for
,	contact with insulation and are air tight (ICAT rated).
December 17, 2012:	Caulk and seal air leaks where plumbing, ducting, or electrical wiring comes
	through walls, floors, ceilings, and soffits over cabinets.

December 10, 2012:	Installing solar-powered outdoor pathway lights is one of the easiest ways to use solar energy at home.
December 3, 2012:	Wash your clothes in cold water using cold-water detergents whenever possible.
November 26, 2012:	Turn off kitchen, bath, and other exhaust fans within 20 minutes after you are done cooking or bathing.
November 19, 2012:	Wash only full loads of dishes and clothes.
November 12, 2012:	During winter, keep the draperies and shades on your south-facing windows open during the day to allow the sunlight to enter and closed at night.
November 5, 2012:	Use foam sealant on larger gaps around windows, baseboards, and other places where air may leak out.
October 29, 2012:	Replace your old incandescent bulbs with ENERGY STAR-qualified bulbs for the best quality in savings.
October 22, 2012:	Clean or replace filters on furnaces and air conditioners once a month or as recommended.
October 15, 2012:	Consider buying a laptop for your next computer upgrade; laptops use much less energy than desktop computers.
October 8, 2012:	If your home has single-pane windows, consider replacing them with double-pane windows with low-e or spectrally selective coatings.
October 1, 2012:	Cover liquids and wrap foods stored in the refrigerator. Uncovered foods release moisture and make the compressor work harder.
September 24, 2012:	Check to see that windows and doors are closed when heating or cooling your home.
September 17, 2012:	Air dry dishes instead of using your dishwasher's drying cycle.
September 10, 2012:	Lower the thermostat on your water heater to 120°F.
September 3, 2012:	Turn off all the lights when you leave a room.